

Services for children and young people (National)

- www.childline.org.uk - ChildLine is the free helpline for children and young people in the UK – **Tel: 0800 1111**
- www.nspcc.org.uk - National Society for the Prevention of Cruelty to Children – **Tel: 0800 800 500**
- www.childrenslegalcentre.com - The Children's Legal Centre is a unique, independent national charity concerned with law and policy affecting children and young people. **Tel: 01206 873 820**
- <http://www.ceop.gov.uk> - Child Exploitation and Online Protection Centre.
- www.papyrus-uk.org - UK resources and support for those dealing with suicide, depression or emotional distress. **Tel: 0800 068 4141**
- **Local organisation (Greenwich, London)**
- www.youthreach.org.uk - YouthReach - Working in Greenwich, Bexley and Lewisham. **Tel; 020 8269 2200**

Legal advice

- www.childabuselawyers.com - Association of Child Abuse Lawyers (compensation claims only). **Tel: 0208 390 4701**
- www.abuselaw.co.uk - Child Abuse Department - Abney Garsden McDonald solicitors. **Tel: 0845 604 7075**
- www.rightsofwomen.org.uk - Empowering women to access their legal rights- **Tel: 020 7251 6575**
- www.citizenadvice.org.uk - Citizen's Advice Bureau corporate website

Counselling

- www.bacp.co.uk - British Association for Counselling and Psychotherapy. **Tel: 01455 883300**
- www.rasac.org.uk - Rape and Sexual Abuse Counselling – Hampshire. **Tel: 0196 2848 018**
- www.victimsupport.org - Victim Support - Helping people cope with crime. **Tel: 0845 3030 900**

Local counselling organisations (Greenwich, London)

- www.familymattersuk.org - Provide a helpline & free one to one counselling for men, women and children of all ages who have survived childhood sexual abuse, rape or sexual assault. **Tel: 01474 337 392**
- **Organisations for adults who experienced sexual abuse as children**
- www.survivorsuk.org - Understanding male childhood sexual abuse and rape. **Tel: 0845122 1201**
- www.oneinfour.org.uk - Offers a voice to and support for people who have experienced sexual abuse and sexual violence- **Tel: 020 8697 2112**
- www.napac.org.uk - The National Association for People Abused in Childhood. **Tel: 0800 085 3330**
- cisters@btinternet.com - Child Incest Survivors - Support Network for adult women who were sexually abused as children. **Tel: 02380 338080**

Parenting support

- www.spanuk.org.uk - Single Parent Action Network - Working to improve the lives of one parent families. **Tel: 0117 9514231**
- www.fwa.org.uk - Family Welfare Association - provides support to some of the poorest families in the country.
- www.newpin.org.uk - All Newpin services now managed by the Family Welfare Association. **Tel: 020 7254 6251**
- www.parentlineplus.org.uk - A national charity offering help and information for parents and families. **Tel: 0808 800 2222**

Sexual abuse and learning difficulties

www.respond.org.uk - Supporting people with learning disabilities, their families, carers and professionals affected by trauma and abuse

- **Information on and for perpetrators**
- www.stopitnow.org.uk - A public information and awareness raising campaign regarding child sexual abuse. **Tel: 0808 1000 900**
- www.sexualcrime.org - RWA (UK) is primarily an independent child protection organisation. **Tel: 01908225540**

Resources on sexual abuse

- www.dabsbooks.co.uk - Directory And Book Services - providing professional support for adult survivors of abuse

Health Information

- www.nhs24.com - NHS24 - Health Information and Self Care Advice including a Support Groups directory. **Tel: 08454 242424**
- www.equip.nhs.uk - EQUIP - a gateway to quality health information for UK patients and carers
- www.femininezone.com - Feminine Zone - a relationships site covering issues such as affairs, domestic violence, midlife crisis, sexual issues, and divorce. **Tel: 020 8340 3074**